



**January 2022**

Friday 7<sup>th</sup> January, 2022

Coastal Walk – England to Scotland

**CANCELLED**



### CHAIRMAN'S UPDATE

The DBHS Annual General Meeting was held by email on December 3rd 2021. All business was successfully concluded, and we have a full Committee for 2022. The Committee members are:

- Michael Gourlay - Chairman
- Anya Saunders - Secretary
- David English - Treasurer
- Sharon Greig - Grapevine Editor
- Len Hulston - Membership Secretary
- Bryan McDowall - Webmaster
- Matthew Simpson - Committee Member
- Sandy Sheail - Allotments Member
- Kevin Melville - Committee Member
- Zelda Blyth - Committee Member

### FORTHCOMING EVENTS

January 2022

Friday, 4<sup>th</sup> February 2022

Ravenscraig Allotments, Kirkcaldy  
Dave Wann

Friday, 4<sup>th</sup> March 2022

Cacti & Succulents  
(Plants for sale)  
Robin Arnott

Friday, 1<sup>st</sup> April

Brighter Bervie  
Tom Campbell

### Resumption of DBHS Meetings:

I am afraid to say that the DBHS meeting arranged for Friday, January 7<sup>th</sup> 2022, has been cancelled. There is talk about meeting up in pubs and restaurants, there are 500 allowed at football matches, three households are allowed to meet socially in somebody's house, but there is no clarity for meetings like ours. I think it is moronic (an anagram of omicron), but there it is. We are better to be safe than sorry.

Hopefully things will be a bit clearer for the beginning of February.

**Membership Renewal:** There will be no increase in the fees for 2022. Membership will

remain at £5 per person, with £3 extra requested from members who live outside Dalgety Bay and receive the Grapevine on paper. The fees for the allotments remain at £12 per plot.

Membership renewal is due and we would like our distributors to have the money in by 31st March 2022. Many people nowadays like to pay for things electronically. It is quick and safe to do so and DBHS would like our membership to consider paying the DBHS fees electronically in 2022. I know some of our distributors will still call round to see you at membership renewal but here is the information you need for paying electronically.

### DBHS BACS Details:

Bank: **Royal Bank of Scotland**

Address: **52/54 East Port,**

**Dunfermline,**

**Fife,**

**KY12 7HB**

Sort Code: **83 29 01**

Account: **Dalgety Bay Horticultural Society  
(DBHS)**

A/C No: **00676049**

Reference: **DBHS Surname** (eg DBHS  
GOURLAY)

### Flower of the month for January:



**Poinsettia** - symbolises good cheer, success.

The poinsettia comes in three colours, red, white, and pink. “You Are The Special One” is the message this flower sends.

### Jobs for December:

The “Jobs for” part of the DBHS report is on the DBHS website at [www.dbhs.org.uk](http://www.dbhs.org.uk) Click on the “Jobs for” button to see what jobs you should be doing at this time of year.

Michael Gourlay

Chairman

DBHS



*“It keeps me from looking at my phone every two seconds.”*

**DOUNESIDE HOUSE**

**Tarland, AB34 4UL**

[dounesidehouse.co.uk](http://dounesidehouse.co.uk)

### Wark Farm Hogget Recipe

As a chef, there’s a particular pleasure from going into the garden to pick the herbs, vegetables and fruit that you’re about to cook. At Douneside House, head chef Matt Price and his team have an extraordinary selection of produce to choose from.

The four-star hotel in Royal Deeside has 17-acres of glorious gardens, including a walled garden where more than 80 types of organic vegetables, salad leaves, herbs and fruit are grown.

‘The gardens at Douneside are the best I have ever seen,’ says Matt, who has generously provided a seasonal recipe, using homegrown vegetables, for supporters of Scotland’s Gardens Scheme to try.

Matt, aged 34, ensures that the kitchens at Douneside - the only venue in Aberdeenshire with an AA triple rosette award - use the freshest, best quality, local suppliers. His recipe uses hogget from the Hebridean sheep reared at Wark Farm, a 100% organic, closed circuit farm just three miles over the hill at Cushnie.



Head Chef Matt Price

Hogget (in case you didn't know) comes from animals aged between one and two years which have been kept at pasture a few months longer than lamb. The meat offers a 'perfect combination of tenderness and flavour – not as sweet as lamb, nor as gamey as mutton, but packed with flavour.' Matt says Wark Farm hogget is 'stunning' in quality, with marbling similar to Angus beef.

'It is always worth paying for quality meat. We are aiming for a more sustainable and responsible experience at Douneside, and this is something we are looking to promote – eating less meat but of a better quality is better both economically and environmentally.'

Douneside House is owned and run by the not-for-profit MacRobert Trust. Surplus profit is either reinvested in the estate or donated to charity, with grants totalling about £1 million going to charitable causes each year. Douneside is a Royal Horticultural Society Partner Garden and has a team of four full-time gardeners, supplemented by four to six RHS trainees.

Douneside has opened for Scotland's Gardens Scheme for over 50 years. Their next open day is on **10<sup>th</sup> July 2022** in aid of Perennial.



### Wark Farm hogget with turnips, peas, bacon and parsley sauce

#### **Hogget loin**

Ask your butcher to prepare the hogget/lamb as a 'cannon'. Chill until ready to cook. 500g will serve 4.

#### **Black garlic mustard**

100g black garlic  
50g Dijon mustard

Blitz with a stick blender, add a little water to achieve a smooth consistency.

#### **Smoked bacon lardons**

Streaky bacon.

Slice the bacon into lardons, sauté until crisp. Reserve the fat to cook half the turnips in, see below.

#### **Pickled turnip dice**

Use about 4 large Milan turnips (the purple and white ones) if available.

Dice the turnips into 1cm bits. Keep half to sauté, see below.

Take equal quantities of white wine vinegar, sugar and water. Melt the sugar in the water and add to the vinegar.

Place half the turnip dice in the pickling liquor and cook over a very low heat until just tender,

but still with a nice bite. Keep in liquid until needed.

### **Bacon fat turnip dice**

Use rest of the turnip dice  
Streaky bacon fat, reserved from making lardons  
Highland extra virgin rapeseed oil  
Good sprig of thyme  
Pinch of salt

Put the fat, oil, thyme and salt into a saucepan. Add the turnip dice – they should be just covered. Cook very gently over a low heat until just tender. Keep in oil until ready to use.

### **Parsley sauce**

40g onion, finely sliced  
3g garlic, roughly chopped  
50g butter  
50g parsley, roughly chopped (thickest stalks removed)  
400g milk  
Pinch of salt

In a large pan, sweat the onion and garlic in the butter over a low/medium heat until very soft and sweet, no colour. Add a good pinch of salt, then the milk. Bring to a simmer, then transfer to a blender. Blend hard and add the parsley whilst blending. Pass through a strainer, season and chill until ready to use.

---

Remove the loin of hogget/lamb from the fridge 30 minutes before cooking. Heat a non-stick frying pan with a little vegetable oil. Season the meat, sear all around, finishing with a little butter, garlic and thyme. Oven-roast if necessary – depends on the size of the meat, but around 2.5 minutes per 100g. Rest for the same amount of time as you cook the meat. Brush with the black garlic mustard.

While the meat is resting, take the pickled and confit turnips, with a little of the pickling juice and the confit oil, and put into a saucepan. Heat through, adding the peas, bacon lardons, chopped parsley and chives – be generous with

the herbs! Season, and spoon onto a plate/shallow bowl.

Bring the parsley sauce to a simmer. Carve the hogget/lamb into even slices, place on top of the turnip/bacon mix. Foam the parsley sauce lightly with a stick blender and dress all around the lamb. Serve and enjoy.

### **To plate**

Fresh peas (frozen petit pois are fine)  
Chopped parsley  
Chopped chives

## **WISHING YOU ALL THE BEST FOR 2022**



**From Michael, Anja, David, Len, Sharon, Matthew, Bryan, Sandy, Kevin and Zelda**

### **GRAPEVINE**

Editor: Sharon Greig  
Phone: 01592 640987  
Write: 10 Ben Alder Place,  
Kirkcaldy  
KY2 5RH  
Email: [grapevine.editor@hotmail.com](mailto:grapevine.editor@hotmail.com)  
Society website address: - [www.dbhs.org.uk](http://www.dbhs.org.uk)

### **Full contact details for Mike Gourlay are:**

Chairman: Michael Gourlay  
Phone: 01383 823425  
Mobile: 07790 182847  
Write: 89 Steeple Crescent,  
Dalgety Bay,  
KY11 9SZ,  
Email: [michaeljg@btinternet.com](mailto:michaeljg@btinternet.com)